



# LIVING AND LOVIN HERBS PODCAST

## Lavender Shopping List Best Lavenders to Grow by Climate

Lavender is a Mediterranean plant, and requires a similar climate to thrive. However, some varieties will thrive in other micro-climates if the right plants are grown. This list is not a complete, but will give you a good start in picking the right lavenders for your area.

List sourced from *The Lavender Lover's Handbook*, by Sarah Berringer Bader.

### Best Lavenders for Humid Summer Climates:

Lavandula <i>xchayorae</i>	Common Name: Ana Luia
L. <i>xchaytorae</i>	Common Name: Kathleen Elizabeth
L. <i>xintermedia</i>	Common Name: Grosso
L. <i>xintermedia</i>	Common Name: Provence
L. <i>Stoechas</i>	Common Name: Otto Quast

### Best Lavenders for Cold Weather Climates:

Lavandula <i>angustifolia</i>	Common Name: Buena Vista
L. <i>angustifolia</i>	Common Name: Folgate
L. <i>angustifolia</i>	Common Name: Imperial Gem
L. <i>angustifolia</i>	Common Name: Maillette
L. <i>angustifolia</i>	Common Name: Royal Velvet